



# Lesson 12:

## CHOCOLATE MILK



**TEACHING GOAL:** We need to let the Holy Spirit be our helper so that Jesus can be part of everything in our lives.

1. Play theme song
2. Pray
3. Review last lesson
4. Lesson and discussion
5. Memorize: **Holy Spirit, help me be true; to Jesus in everything I do.**
6. Close in prayer



**SCRIPTURE: John 14:26** “But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.”

**John 15:26** “When the Counselor comes, whom I will send to you from the Father, the Spirit of truth who goes out from the Father, he will testify about me.”

**John 16:13** “But when he, the Spirit of truth, comes, he will guide you into all truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.”



**MATERIALS:** Three clear glasses  
Milk  
Large heart cut out of cardboard  
Chocolate syrup  
Two spoons

Words that are written in **bold** are when you, the parent, are speaking. Feel free to use your own words.

## A Big Idea

**What are some things we've learned about the Holy Spirit?** We can't see him. He helps us know whether something is right or not—that still, small voice we need to listen to.

**The Bible has several verses about the Holy Spirit being our helper or counselor.** Read the verses. **What things do we need help with?** Obeying Mom and Dad, being kind to other people, not losing my temper, being patient, etc.

## B Activity

Place three glasses on the table. **These glasses each represent a different type of person.** Pour cold milk in each glass so it is  $\frac{3}{4}$  full. **The milk represents the choices we make in life like attitudes, thoughts, and actions.**

Put the cardboard heart over one of the glasses. **The opening of the glass represents the person's heart.** We have three glasses, one represents a closed or hard heart and two are open. **Jesus is the bottle of chocolate syrup. He is not welcome in the life of the person with a hard heart. Since the other two people have open hearts, Jesus can come in.** Pour in the chocolate syrup so that there is a visible layer of chocolate on the bottom of the glass.

**These two people have Jesus in their lives. When we have Jesus we also have the Holy Spirit represented by this spoon.** Place a spoon in each of the two glasses. Stir the spoon in one of the glasses and point out how the color of the milk changes. **The stirring represents the Holy Spirit**



**being active in a person's life: listening to what the Spirit says and doing it. This person's life looks different. People can tell by the choices that he makes that he is a believer.**

Do not stir the spoon in the other glass. **This represents the person who believes in Jesus, has the Holy Spirit in his life but does not listen to the Spirit or do what the Spirit says. The attitudes, thoughts, and actions (milk) looks a lot like the non-Christian. It's hard to see the difference. This might be a "Sunday Only" Christian.**

## **Application**

**The three glasses represent the three types of people in this world. The non-Christian who has a closed heart, the Christian who goes to church but doesn't let God influence his life, and the Christian who is actively listening to the Holy Spirit.**

**As a Christian have you got milk? Or have you got chocolate milk?** Allow children to drink the milk and chocolate milk as you complete this lesson.

**What would happen if the milk were frozen? Could we mix chocolate into it?** No, because it would resist too much. **We don't want to be like frozen milk and not allow the Holy Spirit to work in our lives. We need to let the Holy Spirit help us be who Jesus wants us to be.**

**What happens if we only stir a little and then quit stirring?** The chocolate begins to settle back to the bottom. **It has more chocolate than before, but still not as much as it could if we kept stirring. So we always need to let the Holy Spirit help us because we don't want Jesus to settle back to the bottom of our lives. We want him to always be in every part of our lives.**