



Lesson 12:

CAIN



TEACHING GOAL: Stop sin early before it leads to more sin.

1. Play theme song
2. Pray
3. Review last lesson
4. Lesson and discussion
5. Memorize: **When your sin grows; you'd better run before it blows.**
6. Close in prayer



SCRIPTURE: Genesis 4:1-15 Story of Cain and the progression of his sin.

James 4:7-8a “Resist the devil, and he will flee from you. Come near to God and he will come near to you.”



MATERIALS: Balloon, marker, safety pin

IN ADVANCE: Write the word “SIN” in big letters with a marker on a deflated balloon.

Words that are written in **bold** are when you, the parent, are speaking. Feel free to use your own words.



Big Idea

Tell the story of Cain and Abel and discuss how Cain started out with one sin—not giving his best—and let it grow to anger, and then jealousy, and then hurting his brother. **How did Cain's**

sin continue to grow? What did he do to make it worse? What warning did God give him regarding his sin(s)?

Genesis 4:7 “If you do what is right, will you not be



accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it.”

B Activity

Put a little air into the balloon. **Watch Cain’s sin grow and grow! The air in the balloon represents his first sin—not giving God his best.**

Blow more air into the balloon. **When God corrected Cain for not giving his best, Cain sinned again by getting angry.** Blow more air into the balloon. **After getting angry, Cain sinned again by becoming jealous of his brother.** Blow more air into the balloon. The balloon should be full to the bursting point. **Finally, Cain got so mad that he hit and hurt his brother. Cain allowed sin to grow and grow in his life.**

This balloon could explode just like Cain’s anger! Walk toward one of the children holding the balloon out in front of you. The child should naturally pull back. **See how** (name of child) **pulled back! That is exactly what we need to do when we see sin our lives. We need to flee and get away from sin.**

How could Cain have handled his sin differently? After not bringing his best to God, Cain could have said he was sorry. This would keep his sin from growing into anger, jealousy, and hurting others. Let the air out of the balloon. **Deal with sin immediately so it doesn’t blow up.**

C Application

In the days ahead, when confronting sin (lying, stealing, whining, greed) say, **I hope you don’t let your sin grow and explode like the balloon!**