

Week Thirteen Life's Healing Choices - Healing Choice

What is Celebrate Recovery?

Celebrate Recovery Schedule on Monday Night (non-Covid)

1. 6:00-7:00 pm Food & Fellowship Come early to hang out and meet new faces. Suggested donation is \$2/adult/ \$1/ children, but please don't let that stop you from coming!
2. 7:00-8:00 pm - Large Group Session
Adults join together for a special time of worship, teaching and testimony. Upon arrival, you will be greeted and given a bulletin to help you become acclimated.
3. 8:00-9:00 pm - Open Share Groups
Break into recovery-specific groups and meet others with similar hurts, hang-ups and habits. These groups are gender and need specific. Sharing is optional. Your bulletin will indicate room numbers for these groups.

Celebrate Recovery is Safe - Safety Statement

1. Anonymity and confidentiality are basic requirements of Celebrate Recovery.
2. The Lord asks us to begin to take off the "masks. In order for this to happen, THIS MUST BE A SAFE PLACE.
3. The safety at Celebrate Recovery depends on us. Anyone you see here and anything you hear here, stays at CR.
4. Proverbs reminds us that a gossip separates even close friends and that nothing good can come from it.
5. We acknowledge that we are not here to fix one another but only to walk alongside, supporting each other as Jesus heals us.

Small Group Guidelines

1. Keep your sharing focused on your own thoughts and feelings. Limit your sharing to three to five minutes.
2. There is NO cross talk. Cross talk is when two people engage in conversation excluding all others. Each person is free to express his or her feelings without interruptions.
3. We are here to support one another, not “fix” one another. This keeps us focused on our own issues.
4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others.
5. Offensive language has no place in a Christ-centered recovery group.

Celebrate Recovery Small Groups Can:

1. Provide you a safe place to share your experiences, strengths, and hopes with others that are also going through a Christ-centered recovery.
2. Provides five small group guidelines to assure safety, confidentiality and a Christ-centered atmosphere.
3. Provide you with a leader who has gone through a similar hurt, hang-up or habit and who will facilitate the group as it focuses on a particular Step each week. The leader will also follow Celebrate Recovery’s “Small Group Guidelines.”
4. Provide you with the opportunity to find an Accountability Partner or a Sponsor. Encourage you to attend other recovery meetings held throughout the week.

Celebrate Recovery Groups will not:

1. Attempt to offer any professional advice. Our leaders are not counselors.
2. Allow its members to attempt to “fix” one another

Celebrate Recovery Step Study

1. Takes about 12 months to complete the work for a 12 step study meeting weekly for 1 1/2 hours.
2. Four participant guides with 25 lessons total that require homework of answering questions outside of class.
3. It is mandatory to complete the homework and to answer the questions before you share at a meeting.
4. The Celebrate Recovery Bible (is recommended).
5. Up to three to four absences are acceptable but need to be communicated to leaders for dealing with material missed. (need to communicate with leader)

(End of week 13)