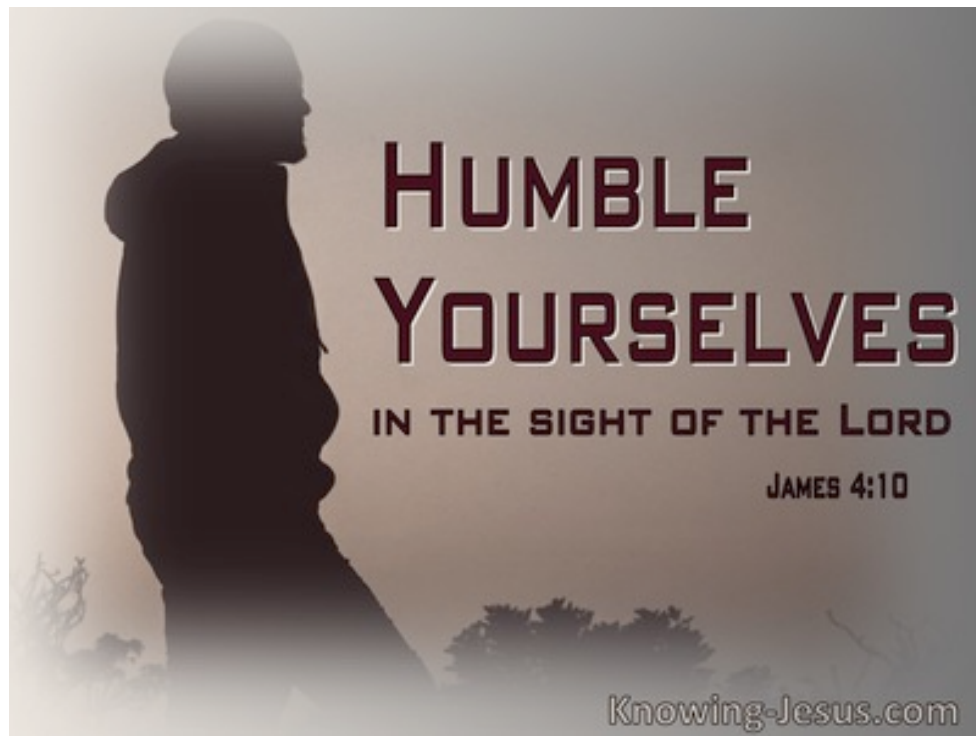


Week Seven Life's Healing Choices - Healing Choice

Five - The Transformation Choice



Healing Choice 5

The Transformation Choice

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 & 7)

- "Happy are those whose greatest desire is to do what God requires." Matthew 5:6

Key points:

- ✓ We are ready to give up our old habits and hangups and release our hurts to God.
- ✓ We are ready to be submit to every change that God desires us to make.
- ✓ We look for progress not perfection.

Where Do Our Character Defects Come From?

1. You _____ many _____ traits and _____ characteristics which explains your disposition toward certain problems.
2. Your past and current _____ have contributed to your character defects as you sought to satisfy _____ (respect, love, and security).
3. The _____ you have made and are making are the most significant source of your character defects. They are also _____ for the future.

Why Does It Take So Long to Get Rid of Character Defects?

1. Because we have had them so long and they have become _____ and _____ to us.
2. Because we confuse our character defects with our _____.
3. Because every character defect may be _____ but has a perceived _____.
4. Because Satan _____ our efforts to _____.

How Do We Cooperate with God's Change Process

1. Focus on changing _____ at a time.
2. Focus on victory _____ at a time.
3. Focus on _____ power and not on your _____.

4. Focus on the _____ things and not the _____.
5. Focus on doing _____ and not feeling _____.
6. Focus on people who _____, not _____ you.
7. Focus on _____ not _____.

Five New Daily Habits to Transform Your Life

1. Daily 3 x 5 scripture cards
2. Daily morning/evening devotions and worship.
3. Daily journaling
4. Weekly scripture memorization of one verse or passage of scripture.
5. Get an accountability partner that you speak to a couple of times a week.

Homework Assignment

1. Read Chapter 6 of Life's Healing Choices, Healing Choice #6, The Relationship Choice

2. Identify one daily spiritual practice to begin this week that will help positively transform your way of living.

3. Identify one Godly action to turn to counter a bad habit or hangup or hurtful thinking. (like, encouraging your wife or children, praying with your family, etc.)

(End of Week Seven)