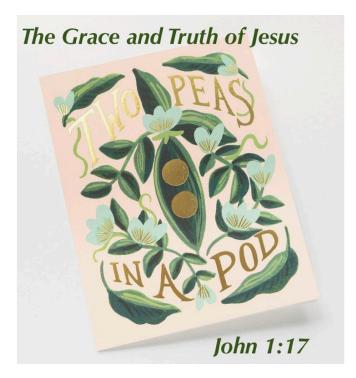
Week Nine Life's Healing Choices - Healing Choice Six - The Relationship Choice - Session Two - Grace and Truth in Relationships

For the law was given through Moses; grace and truth came through Jesus Christ. John 1:17 ESV



Healing Choice 6

The Relationship Choice

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others. (Steps 8 & 9)

- "Happy are the merciful." Matthew 5:7
- "Happy are the peacemakers." Matthew 5:9

Key points:

- An unforgiving heart results in depression, despair, and discouragement.
- We go to others and make amends. We actively pursue and seek forgiveness of those we have hurt and openly communicate forgiveness to those we have hurt. Wisdom must be used.

Grace and Truth are the ______ of the Earth

	You are the salt of the earth," Jesus said. "But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything" Matthew 5:13.		
۱.	. Jesus tells us that people who follow him		
	should be like salt, bringing out the		
	in others and keeping the		
	in this world from becoming		
	spoiled and rotten.		
2.	is like sodium. Its nature		
	is to reach out and receive. As long as grace is		
	embracing people, it's similar to what we see in Jesus. But often in the name of		
	grace, just about anything is accepted, including beliefs that contradict what the		
	Scriptures reveal as the mind of God and behaviors that oppose his will.		
3.	is more like chlorine. It's a cleansing agent, and there are		
	times when we need to use it to "clean up" our thinking and the church's teach-		
	ings. But by itself, truth can be offensive and difficult to be around — and if		
	mishandled, truth even can be deadly.		
1.	If we're going to be salt, if we're going to live in relationship with others, then		
	we need to possess both grace and truth just as Jesus did. We must have		
	for people and for truth — not one		

instead of the other or one more than the other, but both together in equal measure.

Acrostic for Grace		
gift		
gift o prepare your minds for service and have self-control. All of your hope should be or the gift of grace that will be yours when Jesus Christ is shown to you. (1 Peter: 13 NCV)		
by our faith or it is by grace you have been saved, through faith—and this not from yourselves is a gift of God—not by works, so that no one can boast		
Ephesians 2:8–9 NIV)		
by God's love		
For if you forgive men when they sin against you, your heavenly Father will also orgive you." (Matthew 6:14 NIV)		
paid the price Christ we are set free by the blood of his death, and so we have forgiveness of the sign of the price (Ephesians 1:7 NCV)		
gift		
And I am sure that God who began the good work within you will keep right on elping you grow in his grace until his task within you is finally finished on that da		

when Jesus Christ returns." (Philippians 1:6 TLB)

Acrostic for Truth

	the way of Jesus, seasoned like salt and let your words be the
message others need	to hear.
Let your speech alwayou ought to answer	ays be gracious, seasoned with salt, so that you may know how each person.
Colossians 4:6 ESV	
R	and holy speech and conduct before God and
others is how we cor	nmunicate.
	, do not be conformed to the passions of your former igno- called you is holy, you also be holy in all your conduct.
1 Peter 1:14-15 ESV	
U	_ words that lead others towards the way and life in Jesus.
Jesus said to him, "I a Father except througl	nm the way, and the truth, and the life. No one comes to the ne.
John 14:6 ESV	
Taccurate and be Spiri	your words and thoughts against God's Word and let them be it inspired.
God is spirit, and tho John 4:24 ESV	se who worship him must worship in spirit and truth."
1.1	
	_ is a hallmark of the way we live and act no matter who we mstances we may face in life.
Little children, let us	not love in word or talk but in deed and in truth.
1 John 3:18 ESV	

Homework Assignment

- 1. Read Chapter 7 of Life's healing Choices
- 2. From the amends list and forgiveness list generated in speak write a sample paragraph for one each. Let it be full of grace and truth.

(End of Week Nine)